

## Introduction

Behind Brown Eyes is my life story. Right now, I'm a 30-something year old living in the West Midlands of the UK. I've been through enough highs and lows in life that I've been told by too many people that I should just get it down on paper.

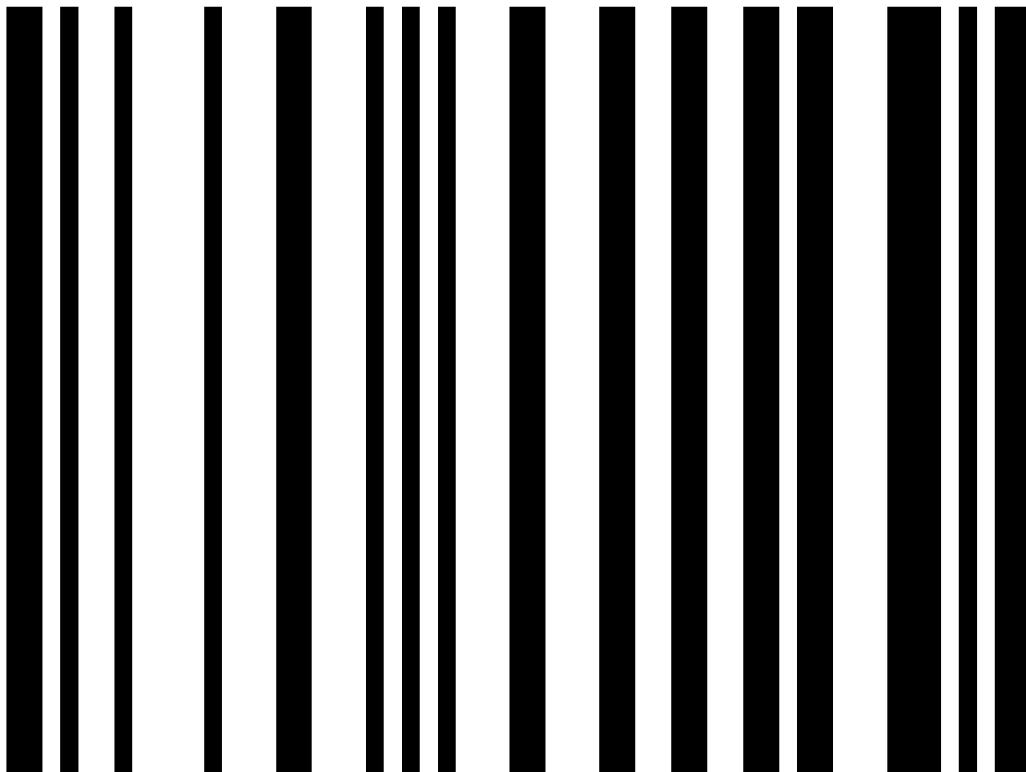
When I first started writing this, I thought I'd be done before I knew it. How wrong could I be. Not only has the process been more laborious and soul searching than I thought, but I also had far more many words to write about than originally expected. What was supposed to be a quick job has turned into a three part ramble. Like Lord of the Rings, just without a trip to Isengard.

## Purchase Vol. 1 In Print / As Ebook

Vol. 1 of Behind Brown Eyes can be purchased now via Amazon / Apple Ebooks.

From now through Dec 31 2024, I'm offering a '**Pay What You Want**' offer for both the Ebook and physical copy. It's my way of saying thank you to everyone who's been with me in my corner the past few years.

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## Book Structure & Writing Timeline

- 2023 - 2024 (Out Now)

### **Vol 1. A Journey Into Adulthood, At Full Throttle.**

The first part of this story takes me from birth up until the time I start University at the age of 21. It deals with growing up in a household I didn't realise I didn't belong in, feeling unwanted, and the constant challenge of being in the wrong place at the wrong time.

A stint in an acute mental health hospital provided the catalyst to start, and though it's been a struggle at times, I've gotten to the point where I've been able to relive the first phase of my life; through childhood, school, the military, chaotic lows, police stupidity, homelessness, and occasionally being able to grasp some of life's brass rings.

- 2024 - Summer 2026

## **Vol 2. Studenthood, #RaceCar, Professionalism, Still at Full Throttle.**

This will take you through my time as a student at Birmingham City University, meeting people who would shape my life for years to come, and sowing the seeds for what would end up being a dual profession for the following 10 years.

It documents some things I thought I'd never get to experience, such as traveling to far flung countries, and going to the world's most famous racetrack. It explores my life as a 'boring' Town Planner / Student Experience 'Person' / Junior Academic, alongside learning how to talk incoherently into a microphone / headset.

- Autumn 2026 - Summer 2027

## **Vol 3. [Insert Something Meaningful Here], When the Throttle Pedal Broke.**

This takes you through the most recent part of my life, starting at a time when I was proudly informed that I was a diabetic via a pool of blood, to being sat in the cold working out if I can afford to turn the heating on.

Marriage, divorce, COVID and mental health declines take centre stage here, along with addictive personality traits rearing their content ugly heads.

### **Current Wordcount: Vol 2.**

**Last Updated: 22nd December 2024**

0 Words

**Support My Work**



If you fancy supporting my writing endeavours, [you can also buy me a nice cuppa](#).

Your support will both help me finish writing Vol 2 & 3. of this book, but also support my other long form writing around mental health, and societal inclusion of communities. You can donate as a one off, or make a recurring donation with added perks.